#### IRWINDALE RECREATION



# Drum Fitness for Kids

Children ages 4-6 can start getting active in a fun drumming for exercise class with Coach Daniel.

### MONDAYS & WEDNESDAYS MARCH 22ND - MAY 19TH 2PM - 3PM

This class will take place in person. Students will use exercise balls and drum sticks to promote not only their fitness but also their creativity. Participants must wear masks and social distancing measures will be enforced.



Important information on the back of this flyer

16053 Calle de Paseo Irwindale, CA 91706 626-430-2224 www.irwindaleca.gov

Dan Diaz Recreation Center













To register, email Melissa Marez at mmarez@irwindaleca.gov or call 626-430-2225

#### **Registration Dates:**

Residents\* may register Monday, March 1st - Thursday, April 1st Non residents may register Monday, March 8th - Thursday, April 1st

\*VALID Resident ID Card or City Employee Card required to register as an Irwindale Resident.

This class will take place in the plaza area of the Dan Diaz Recreation Center. Remember to have your little ones dress comfortably and wear their tennis shoes. Bring a bottle of water and don't forget your mask!

## CLASS SIZE LIMITED TO THE FIRST 15 SIGN UPS



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